

Week 1 WEEK COMMENCING: 22ND APRIL, 13TH MAY, 10TH JUNE, 1ST JULY, 22ND JULY, 16TH SEPT, 7TH OCT.

MONDAY

Beef Keema Curry & Rice

Macaroni Cheese **V**

Peas & Cauliflower

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

TUESDAY

Pork Sausage and Mash

Quorn Sausage and Mash **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Sweetcorn & Broccoli

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

WEDNESDAY

Roast Pork Loin with Roast Potato & Gravy

Roasted Soya Strips with Roast Potato and Gravy **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Carrots & Green Beans

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

THURSDAY

Margarita Pizza & Jacket Wedges

Cheese & Tomato Penne Pasta **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Roasted Mediterranean Vegetables & Sweetcorn

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

FRIDAY

Battered Fish or Fish Fingers with Chips 

Cheese & Broccoli Quiche with Chips **V**

Peas & Baked Beans

Oat & Sultana Biscuit

Fruit / Yoghurt / Cheese & Crackers

Week 2 WEEK COMMENCING: 29TH APRIL, 20TH MAY, 17TH JUNE, 8TH JULY, 2ND SEPT, 23RD SEPT, 14TH OCT.

MONDAY

(Organic) Beef Pasta Bolognese

Rainbow Frittata with New Potatoes **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Carrots & Vegetable Medley

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

TUESDAY

Chicken & Sweetcorn Pie with Crushed Potatoes

Cheese & Tomato Penne Pasta **V**

Green Beans & Cauliflower

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

WEDNESDAY

Roast Turkey with Roast Potatoes and Gravy

Vegetable Chilli with Rice **V**

Peas & Roasted Root Vegetables

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

THURSDAY

Quorn Sausage Feast Pizza with Jacket Wedges

Cheese & Tomato Penne Pasta **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Sweetcorn & Green Cabbage

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

FRIDAY

Salmon or White Fish Fingers with Chips 

Tomato & Basil Puff with Chips **V**

Peas & Beans

Pear & Chocolate Sponge with Custard

Fruit / Yoghurt / Cheese & Crackers

Week 3 WEEK COMMENCING: 6TH MAY, 3RD JUNE, 24TH JUNE, 15TH JULY, 9TH SEPT, 30TH SEPT.

MONDAY

BBQ Chicken with Rice

Quorn and Vegetable Stir Fry with Rice **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Carrots & Green Beans

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

TUESDAY

Beef Lasagne

Cheese, Potato & Red Onion Frittata **V**

Broccoli & Roasted Mediterranean Vegetables

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

WEDNESDAY

Roast Chicken served with Roast Potatoes and Gravy

Mixed vegetable and Butterbean Ragu with Roast Potatoes **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Carrots & Green Cabbage

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

THURSDAY

Margarita Pizza with Jacket Wedges

Quorn Penne Pasta Bolognese **V**

Jacket Potato with cheese / baked beans / tuna mayo / coleslaw

Sweetcorn & Cauliflower

Fruit Salad

Fruit / Yoghurt / Cheese & Crackers

FRIDAY

Fish Fingers with Chips 

Cheese & Tomato Pinwheel with Chips **V**

Peas & Baked Beans

Chocolate Cracknel

Fruit / Yoghurt / Cheese & Crackers

The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

