



Monday 9<sup>th</sup> May 2016

Dear Parents,

Healthy Schools Awards

I am very proud to announce that we have just secured the Bronze Healthy Schools Award, reflecting the positive way in which the school is promoting health and well-being amongst our pupils and staff.

We are now determined to take the next steps required in order to be granted the Silver award. As such, we would like to ask for your support in a change we wish to make to class celebrations. From after half term, should you wish to mark your child's birthday or a special occasion by sharing gifts with the class, please send in healthier fruit-based snacks such as raisins rather than sugar-based snacks; teachers will therefore no longer distribute items such as cakes, sweets, chocolate or biscuits.

If you would prefer, a donation of a book to the class is a popular gift that can be shared amongst the children and also provides a lasting memento of the birthday celebration.

I really appreciate your support with this change and hope that you agree that promoting healthy eating within the school day is very important to children's overall well-being.

Kind regards,

Mr Sweetingham  
Headteacher

*Nurture Encourage Challenge through Christ*